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Appendix (B.) to Twenty-sixth Report of the Commissioners in Lunacy.

Appendix (B.)—COUNTY AND BOROUGH ASYLUMS—continued.

Counties, United Counties, and Boroughs.	Where situate.	SUPERINTENDENTS and MEDICAL OFFICERS.	NUMBER OF PATIENTS, 1st JANUARY 1871.						ADMISSIONS DURING THE YEAR 1871.									DISCHARGES during the Year 1871.						
			PRIVATE.			PAUPER.			Total Lunatics.	Total Number.			Of the Total Number.						Total Number.			Number Recovered.		
			M.	F.	Total.	M.	F.	Total.		M.	F.	Total.	Re-admissions.			Transfers from other Asylums (not included in the Re-admissions).			M.	F.	Total.	M.	F.	Total.
									M.				F.	Total.	M.	F.	Total.							
Birmingham	Birmingham	T. Green (Surgeon)	28	24	52	244	303	547	599	121	102	223	22	22	44	3	1	4	78	70	148	48	54	102
Bristol	Stapleton, nr. Bristol	G. Thompson	-	1	1	117	128	245	246	48	55	104	8	5	13	0	6	6	21	34	55	16	29	45
Hull	Hull	F. W. Cason (Surgeon)	-	-	-	80	70	150	150	45	33	78	9	10	19	1	1	2	28	24	52	24	16	40
Ipwich	Ipwich	C. F. Long (Surgeon)	1	4	5	53	50	103	108	49	47	96	1	2	3	15	23	38	9	9	18	6	7	13
London (City of)	Stone, near Dartford	Dr. O. Jepson	-	-	-	124	141	265	265	33	49	82	3	6	9	3	36	39	31	20	51	10	12	22
Leicester	Humberstone	J. E. M. Finch (Surgeon)	-	-	-	129	139	268	268	50	42	92	8	2	10	3	-	3	21	18	39	17	15	32
Newcastle-on-Tyne	Coxlodge	R. H. B. Wickham (Surgeon)	2	5	7	117	137	254	281	68	38	106	5	4	9	-	-	-	40	43	83	23	16	39
Norwich	Norwich	F. Sutton (Surgeon)	-	-	-	53	52	105	105	22	20	42	2	5	7	2	1	3	31	18	49	7	5	12
TOTAL			142	145	287	13,188	15,508	28,696	28,078	4,908	4,884	9,792	578	670	1,248	773	760	1,533	2,898	3,152	5,090	1,462	1,846	3,308

REGISTERED HOSPITALS, AND STATE.

COUNTY.	HOSPITAL.	MEDICAL SUPERINTENDENT.	NUMBER OF PATIENTS, 1st JANUARY 1871.						ADMISSIONS DURING THE YEAR 1871.									DISCHARGES during the Year 1871.						
			PRIVATE.			PAUPER.			Total Lunatics.	Total Number.			Of the Total Number.						Total Number.			Number Recovered.		
			M.	F.	Total.	M.	F.	Total.		M.	F.	Total.	Re-admissions.			Transfers from other Asylums (not included in the Re-admissions).			M.	F.	Total.	M.	F.	Total.
									M.				F.	Total.	M.	F.	Total.							
Devon	Wonford House, Exeter	Dr. T. Lyle	35	32	67	-	1	68	9	18	27	1	1	2	1	-	1	5	8	13	2	1	3	
Gloucester	Barnwood House, Gloucester	Dr. A. J. Wood	41	41	82	-	-	82	20	14	34	5	2	7	-	1	1	13	13	26	6	7	13	
Leicester	Liverpool Lunatic Hospital	J. Stockwell (Surgeon)	26	20	46	-	-	46	11	14	25	1	1	2	-	-	-	13	13	26	5	11	16	
"	Manchester Royal Lunatic Hospital, Cheshire	G. W. Mould (Surgeon)	67	67	134	-	-	134	21	26	47	2	5	7	1	1	2	13	15	28	9	12	21	
"	Royal Albert Asylum for Idiots, Lancaster	Dr. G. E. Shuttleworth	5	-	5	-	-	5	71	-	71	-	-	-	2	-	2	2	-	2	-	-	-	
Lincoln	Lincoln Lunatic Hospital	F. D. Walsh (Surgeon)	35	36	71	-	-	71	15	10	25	2	2	4	-	1	1	9	9	18	2	5	7	
Middlesex	St. Luke's Hospital, Old-str.	Dr. Eager	58	111	169	-	-	169	24	45	69	3	3	6	1	1	2	35	62	97	16	32	48	
Norfolk	Bethel Hospital, Norwich	C. M. Gibson (Surgeon)	21	50	71	-	2	73	15	3	18	-	-	-	4	-	4	2	4	6	2	3	5	
Northampton	Northampton General Lunatic Hospital	J. Bayley (Surgeon)	48	51	99	156	45	308	69	65	134	10	13	23	5	6	11	26	38	64	25	30	55	
Notts	Nottingham Lunatic Hospital, The Coppice, Nottingham	Dr. W. B. Tate	27	30	57	-	-	57	20	9	29	4	4	8	-	1	1	12	6	18	5	2	7	
Oxford	Warneford Asylum, Headington Hill, near Oxford	Thomas Allen (Surgeon)	20	29	49	-	-	49	2	2	4	-	-	-	1	-	1	1	2	3	-	1	1	
Stafford	Charitable Institution for the Insane, Cotton Hill, near Stafford	Dr. J. D. Hewson	67	65	132	-	-	132	12	9	21	1	1	2	2	1	3	8	6	14	5	1	6	
Surrey	Bethlem Hospital, Lambeth Road	Dr. W. R. Williams	114	147	261	-	-	261	76	128	204	6	11	17	4	10	14	87	114	201	37	72	109	
"	Asylum for Idiots, Earl's Wood, near Reigate	Dr. G. W. Graham	348	179	527	-	-	527	51	26	77	5	7	12	1	-	1	14	12	26	1	-	1	
York	York Lunatic Hospital, Bootham	Dr. F. Needham	70	57	127	23	21	148	23	15	38	6	2	8	3	5	8	14	8	22	9	5	14	
"	The Retreat, York	Dr. J. Kitching	50	87	137	-	-	137	9	6	15	1	1	2	-	-	-	4	3	7	4	1	5	
TOTAL			1,050	905	2,045	179	169	348	2,393	440	390	836	47	53	100	25	27	52	258	313	571	128	183	311
Berks	State Criminal Asylum, Brackwood	Dr. W. Orange	282	62	344	96	20	460	60	17	77	1	-	1	4	-	4	23	11	34	10	7	17	
Hants	Netley Abbey, Southampton	Dr. T. Blatherwick	45	-	45	-	-	45	161	-	161	1	-	1	-	-	-	132	-	132	58	-	58	
Middlesex	Royal India Lunatic Asylum	Dr. T. M. Christie	108	15	123	-	-	123	2	-	2	-	-	-	2	-	2	-	-	-	-	-	-	
Norfolk	Royal Naval Hospital, Yarmouth	Dr. W. Macleod (Deputy Inspector General)	186	-	186	-	-	186	51	-	51	7	-	7	3	-	3	8	-	8	7	-	7	
TOTAL			621	77	698	96	20	814	274	17	291	9	-	9	9	-	9	163	11	174	75	7	82	

## Appendix (E.)—HOSPITALS.—STATEMENT OF EXPENDITURE, &amp;c.

HOSPITALS.	Salaries of Officers.	Wages of Attendants and Servants.	Food.	Wines, Spirits, and Malt Liquors.	Medicines.	Fuel and Light.
	£. s. d.	£. s. d.	£. s. d.	£. s. d.	£. s. d.	£. s. d.
<b>LANCASTER (continued).</b> Royal Albert Asylum for Idiots. &c.	449 10 9	637 5 1	941 8 2	30 4 6	37 10 5	395 16 -
<b>LINCOLN :</b> Lincoln Lunatic Hospital, Lincoln.	320 - -	511 - -	1,759 12 2	267 18 11	17 10 2	236 2 11
<b>MIDDLESEX :</b> St. Luke's Hospital, Old-street, London E.C.	1,144 - -	1,490 12 2	3,994 8 7	1,016 5 3	108 8 11	529 9 10
<b>NORFOLK :</b> Bethel Hospital, Norwich.	314 - -	222 4 6	1,242 19 -	152 5 4	Included in Medical Officer's Salary.	121 12 10

accordance with the special recommendation of the last visit of the commissioners, a padded room has been constructed on the ground floor of each division.

Our remarks will have shown what our opinion is of the present very efficient management of this hospital: and we have satisfaction in appending proof of how fair a proportion of its inmates belong to the class who make the strongest appeal to its charity. Alluding to the return given us of the rates of payment, we find that one is received gratuitously; 15 at sums not exceeding 15s. a week; 23 at amounts not exceeding 21s. a week; 56 at one guinea, and not exceeding two guineas, a week; and 18 at weekly sums of two guineas and upwards.

Upon one more subject a word should be said before we close this entry. The case-books are still imperfectly kept, and are much in arrears. But while we mention this with regret, it is incumbent on us, at the same time, to observe, that the onerous task of keeping these books ought not, in an institution of this magnitude, to devolve on a medical superintendent, already charged with duties sufficient to task all his energies, but should be undertaken by an assistant medical officer appointed with full qualifications for its performance.

Appendix (F.)  
Manchester  
Hospital.

#### ROYAL ALBERT ASYLUM, LANCASTER.

26 April 1871.

WE have this day made our first official visit to the Royal Albert Asylum for Idiots and Imbeciles of the seven northern counties, which was registered as a hospital on the 16th August last, and into which patients were first received on the 14th December.

The site, which comprises about 67 acres, and is rather more than a mile from Lancaster, is elevated, and commands extensive and pleasing views.

The style of the building is Gothic. The only portions completed are the central block, wherein are the residences of the medical superintendent and matron, and the southern wing, which is appropriated to the male patients.

The asylum was designed for 500 patients, viz., 300 of the male and 200 of the female sex; but it is expected that it will ultimately afford proper accommodation for 600 patients.

The contract for the building was 43,000 *l.*, which has been exceeded, and the cost, including the lodge and cottages, will, it is estimated, in the whole, amount to 50,000 *l.*

To this will have to be added about 10,000 *l.* for fittings, furniture, and apparatus.

The energetic and persevering efforts of Dr. de Vitré, and the gentlemen associated with him, in establishing the institution, have been attended with signal success, the receipts from various sources for the general fund having amounted to nearly 58,000 *l.*

The sum of 14,000 *l.* has been invested as a sustentation fund, to which will shortly be added a legacy of 2,000 *l.*

The annual subscriptions already exceed 1,260 *l.*

Appendix (F.)  
Royal Albert  
Asylum.

The asylum is not intended for epileptic, paralytic, or insane persons.

The numbers of patients maintained gratuitously, and admitted by election for seven years, are allotted rateably to the several contributing counties.

The scale of payments, which varies with the accommodation, attendance, and special privileges and arrangements, commenced at 50 guineas per annum, and rises, by increments of 50, to 200 guineas.

The children of persons in narrow circumstances, who cannot afford the full payment of 50 guineas, are receiveable at 20 guineas per annum.

The patients, all of the male sex, are now 51 in number. There has as yet not been any discharge or death.

The sanitary condition of the asylum is good. The patients at present registered as under medical treatment are 10 in number. We found only one in bed.

Personally the state of all was most satisfactory, and they are evidently treated with kindness and good judgment, and very happy.

We saw 38 patients assembled in the general hall at dinner, which consisted of boiled mutton and potatoes, with Yorkshire pudding. At present the meat is cut up in the kitchen. We trust that, when the arrangements are more complete, in order to ensure the dinners being hot, the joints will be carved in the hall.

The patients are under the immediate charge of a chief attendant, and a teacher, and six male and two female ordinary attendants. There are a number of domestic servants, but at present the ward work is done by the attendants, which we think undesirable, as interfering with their special duties.

We think that, as far as practicable, female attendants should be employed in the boys' division.

The arrangements for employment and instruction, exercise and recreation, are satisfactory, but of course, as yet, incomplete.

About 30 of the patients attend family prayers, and 10 go to places of public worship.

The rooms already occupied are well furnished, and, as well as the bed and bedding, which are of the best description, were found by us in excellent order, and the atmosphere throughout was untainted.

Having regard to the number of inmates of faulty habits, we strongly recommend the adoption of a system of special night nursing.

The hot-water pipes struck us as requiring protection.

Some progress has been made in laying out and planting the grounds. We recommend that the walk round the estate be formed of good width, shaded by trees as an avenue, and furnished with seats at convenient distances.

It is expected that the northern, or female, wing will be completed, and ready for occupation in the course of next year. The offices and stores, which are upon a large scale, and well arranged, are finished and in use.

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The progress made in organising the institution, and its present condition and management, reflect great credit upon the committee, and Dr. Shuttleworth as superintendent.

Appendix (F.)  
Royal Albert  
Asylum.

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LINCOLN LUNATIC HOSPITAL.

30 September 1871.

SINCE our colleagues visited, 13 months ago, 12 male and 11 female patients have been admitted, whose certificates have been shown to us, and in the same interval 6 males and 11 females have been discharged. There have been 4 deaths, 2 of each sex. On the books there are the names of 40 male and 35 female patients, of whom 2 of the former and 1 of the latter are away on leave; another gentleman was absent at the time of our visit, but only for the day.

We have seen and spoken to all the resident patients, and inspected the hospital in all its departments. On the women's side, which we first visited, there was great freedom from excitement, and altogether these inmates presented a very satisfactory appearance. In the male wards, however, several patients were noisy, rough, and disorderly. One of them taking off his coat and threatening to fight, whilst the undersigned were actually struck by two others. We are assured that this state of things is quite exceptional, but in our opinion the staff of attendants is too small for the due control and care of 40 insane gentlemen. The staff of attendants and nurses consist on the male side of 5 ordinary and 1 head attendant, and for the women's wards of 6 ordinary nurses, 1 special nurse and a night nurse. We are of opinion, also, that it is not desirable that the night duty should be performed by day attendants, but that special persons should be appointed for the purposes, who should not as at present confine their duties to the watching of one room used by the worst class of patients, but regularly visit every ward during the night. We strongly recommend the adoption of this course, and the appointment of at least one other day-attendant in the male division.

Much has been done to improve and render more cheerful the rooms and galleries in the female division, and with so much success and obviously with so much benefit to the patients, that we hope early steps will be taken to bring up the male wards to the same standard. A new billiard table is greatly needed, and it seemed to us that the means for in-door amusements were scanty. There are said to be plenty of books, but hardly any were available for use. It would be better to provide proper shelves and let the books remain in the wards. We do not find where this is done that after a little extra precaution at first, there is any destruction at all. There are associated amusements once a fortnight, and 17 of the gentlemen and 21 of the ladies are said to go beyond the asylum precincts, some of them frequently, and two of the former without attendants, on their parole.

At the evening Sunday services when the honorary chaplain officiates,

9.46.

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